Holiday Safety from the Bakersfield Police Department

Including scams that we should all be aware of!

December 7th

Holiday safety is important to all of us. Learn tips on preventing losses from thefts, current scams going through Bakersfield and most importantly, what you can do to provide you and your family a safe holiday season.

About our Speaker

Edwina Tripp is a Community Relations Specialist at the Bakersfield Police Department. Edwina has been with the BPD since 2007 and was promoted to the Community Relations Unit in 2014. She is a lifetime resident of Bakersfield and enjoys serving her community.

Monthly Meetings

Monthly meetings are held from 7:00—8:45 AM on the first Wednesday of every month at Hodel's Country Dining located at 5917 Knudsen Drive, Bakersfield CA 93308. Cost of meeting attendance is $13 and includes breakfast buffet or custom-crafted omelet (cash/check/credit/debit cards are accepted). The cost is only $5 for Student Members and Emeritus Members of ASSE.

Your RSVP is appreciated! Contact Fred Hrenchir at (661) 617-5286 to RSVP for the upcoming meeting.
Professional Development is Calling!

The Professional Development Study group meets the first and third Monday of each month from 6:00p.m.—7:30p.m. at Continental Labor and Staffing [900 Mohawk St, Suite 120].

This study group is comprised of safety professionals seeking certifications at all levels from the Board of Certified Safety Professionals (BCSP).

Anyone can join the group at any time; this is a “go at your own pace” study group. The only purchases required are study materials and a calculator. Most participants are using TI-30XIIS.

We study from materials offered by SPAN International Training.

You can purchase the work books from: www.spansafetyworkshops.com.

Please direct emails to Heath Taylor if you have questions on which set of books you need to purchase.

Have you thought about becoming a Certified Industrial Hygienist?

If the answer to either of these questions is “yes”, read the sidebar below to learn more about getting support with turning your CIH dreams into reality.

Join the CIH Study Group in January

The Certified Industrial Hygienist study group will be meeting beginning January 11th from 5:30-7:30 pm twice per month through March.

If you have interest in joining the CIH study group, please email Ron Nunley for more details at rlnunley@aeraenergy.com

Here is the timeline for this study group and testing:

<table>
<thead>
<tr>
<th>January-March</th>
<th>Attend Study Sessions</th>
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<tbody>
<tr>
<td>April-May</td>
<td>2017 CIH Exam Window</td>
</tr>
</tbody>
</table>

Occupational Safety & Health Standards Board

The Occupational Safety & Health Standards Board (OSHSB) meeting is where California stakeholders can attend and be heard on issues relating to the current and future enforceable standards that exist to ensure the health and safety of California workers. For more information on the OSHSB, visit: www.dir.ca.gov/oshsb

Upcoming OSHSB meetings:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Notice &amp; Proposals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 15, 2016 10:00 a.m.</td>
<td>State Resources Building Auditorium 1416 9th Street Sacramento, CA 95814</td>
<td>Sections 1711, 1712, 1713, 1717 and 1721 Reinforcing Steel Concrete Construction and Post-Tensioning Operations Section 3650(t)(17) Powered Industrial Truck Operation - Exception</td>
</tr>
<tr>
<td>Jan 9, 2017 10:00 a.m.</td>
<td>County Administration Center Room 310 1600 Pacific Highway San Diego, CA 92101</td>
<td>Section 4306 Underhung/Slung (jump) Saw Guarding</td>
</tr>
</tbody>
</table>

You can view the agendas for past and future meetings here.

You can join the OSHSB mailing list by filling out this form and submitting by email at OSHSB@dir.ca.gov, by fax at (916)274-5743, or by mail to the Occupational Safety and Health Standards Board at 2520 Venture Oaks Way, Suite 350, Sacramento, CA 95833.
On November 10, 2016 the Bakersfield ASSE Social Committee sponsored a tour of Lengthwise Brewery for the Chapter. We had several tables reserved and an assortment of appetizers available for everyone. After we had time to socialize, grab a beer, and enjoy the food, we began our tour.

We received a special treat on our tour; our guide was a professional baseball player, Mike McCarthy! Mike, who is a minor league pitcher in the Boston Red Sox farm system was the perfect guide for our group. He fielded questions and talked to us about the brewing process.

However, there was one thing that caught Mike off-guard. While very knowledgeable about the brewing process, Mike was at a disadvantage with our group. Remember, these are members of a safety organization he is walking around with. We all had questions ranging from OSHA to environmental compliance. I think we may have even asked about Hazardous Waste! Mike was a trooper though. He hung in there and simply let us know when our questions were outside of his expertise.

Chapter members who were able to attend made up an awesome group. The social committee would like to thank Lengthwise ownership for allowing us to invade their fine establishment and in particular Mike McCarthy for being a good sport and a great tour guide [Even though I am a Yankee fan, I wish to see Mike pitch in the big league someday soon]. And a special thank you to Mark Ruder for his help in organizing this event.

If you have a suggestion for a future gathering please email Jon Hall, our Chapter Social Committee Chair at social@bakersfield.asse.org.
New OSHA Respirable Silica Standard

The Occupational Safety and Health Administration (OSHA) issued its final rule on respirable crystalline silica for general industry and construction, and went into effect on June 23rd. The new standard lowers the Permissible Exposure Limit (PEL) for respirable silica to 0.05mg/m³ with an action level (AL) of 0.025 mg/m³. Exposures above the AL trigger certain compliance items such as baseline exposure monitoring, personal protective equipment, regulated work areas, and/or medical surveillance. When the PEL is exceeded, compliance with all sections of the OSHA standard is mandatory. Long-term exposure to elevated concentrations of free silica can lead to the progressive lung disease silicosis.

Employers in general industry and maritime have until June 23, 2018 to comply with the updated regulations. Employers in the construction industry have until June 23, 2017 to comply with the updated regulations.

A written exposure control plan is required under the new standard. The plan must describe tasks involving exposure to respirable crystalline silica, engineering controls, work practices, and respiratory protection for each task, and finally housekeeping methods used to limit exposure. The construction industry has two (2) methods for compliance to the standard; implementing specified exposure control methods or using alternative exposure control methods.

1. Specified exposure control methods: Table 1 in the construction standard outlines eighteen (18) common construction tasks with engineered exposure control methods and in some cases respirator requirements. If employers fully and properly implement the controls outlined in Table 1, they are exempt from certain requirements, such as compliance to the permissible exposure limit (PEL) and employee exposure monitoring for those engaged in select tasks. Medical surveillance will be required for employers who use respirators more than thirty (30) days a year.

2. Alternative exposure control methods: If an employer fails to comply with the specified exposure control methods in Table 1, exposures above the AL trigger certain compliance items such as baseline exposure monitoring, personal protective equipment, and/or medical surveillance. When the PEL is exceeded, compliance with all sections of the OSHA standard is mandatory.

Affected industries include:

- Construction
- Glass manufacturing
- Pottery products
- Structural clay products
- Concrete products
- Foundries
- Dental laboratories
- Paintings and coatings
- Jewelry production
- Refractory products
- Ready-mix concrete
- Cut stone and stone products
- Abrasive blasting in maritime, construction, and general industry
- Refractory furnace installation and repair
- Railroad transportation
- Oil and gas operations
Upcoming Meetings

January 4th Chapter Meeting

**Topic:** California Regulatory update for Crane Operations

California has adopted new regulations for crane operations, including having a Lift Director for critical lifts and similar high risk crane activities. Learn how these regulations help companies reduce risk for crane operation sites.

**Speaker:** Richard (Dick) Thompson, CSP, Manager of California Affairs/Technical Coordinator, and National Commission for the Certification of Crane Operators (NCCCO)

Dick is a veteran of 48 years in the construction industry, with a safety and risk management record spanning three decades. He has worked throughout California and the western U.S. liaising closely with all operational levels to manage effective safety programs to identify and mitigate hazards in heavy construction and mining environments.

He is a Certified Safety Professional (CSP); a CCO-certified Crane Operator (TSS and TLL); Rigger Level I and II, and Signalperson; and a Class A Driver, as well as an OSHA 10- and 30-Hour instructor. Dick was recently appointed to California’s Occupational Safety and Health Standards Board Advisory Committee tasked with consolidating the state’s crane safety orders.

Dick is also NCCCO’s primary point of contact with California employers, industry groups and state jurisdictions such as Cal-OSHA.

February 1st Chapter Meeting

**Topic:** California Employment Law Update

**Speaker:** Daniel (Dan) K. Klingenger, LeBeau-Thelen, LLP

Dan has nearly 30 years of experience representing large and small companies in all forms of employment litigation, including wrongful termination, sexual harassment, class action, wage and hour violations, unfair competition/trade secret issues, and many forms of discrimination. He also works with employers on union/management issues, including union organizing, picketing, and work stoppages. He represents employers in collective bargaining negotiations and labor arbitrations involving employee discipline and contractual disputes. Dan graduated from the McGeorge School of Law in 1986. He joined LeBeau-Thelen, LLP in late 2014.

What’s on your schedule the first Wednesday of the month?

*Monthly Chapter meetings are held from 7:00—8:45 AM on the first Wednesday of every month at Hodel’s Country Dining located at 5917 Knudsen Drive, Bakersfield CA 93308. See page 1 for details.*

In a Job Transition Situation?

The ASSE Career Center connects safety professionals with top employers.

Members can register to upload their resume to [http://jobs.asse.org/](http://jobs.asse.org/)

It’s free and you can also set up job alerts.

Good luck!
Welcome new members!

Although guests are always welcome, ASSE loves it when new members join. Here are a few recent members. If you see them at an ASSE meeting, please give them a friendly welcome.

K. David Bone—CSUB (Pictured Left)
Colby Green—San Joaquin Refining
Jeff Beecher—San Joaquin Refining
Mike Oswald—Envirocon
Doug Morehead—West Valley Construction
Steve Loo—LCSM Hawaii
Erin Andersen—BMI Mechanical Inc. (Pictured Left)
Bruno Huerta—City of Tulare
Eric Hoffman—Zurich North America
Duke Dixon
Ryan Dawley—Oil Well Service Company
Richmond Cropper—Chevron
Sean Cotter—Metro Water District Southern California
Matthew Bunde
Bruce Asaro
Brett Wallace—Granite Construction (Pictured Left)

Leading Through Influence

Jose Perez gave a very enlightening presentation on Leading Through Influence at the Bakersfield WISE Professional Development and Networking meeting on November 15th. A copy of the presentation can be found on Bakersfield WISE’s Facebook page here.

Last Chance to Donate: Christmas for Seniors

Brighten a low income, isolated, or homebound Senior’s Christmas with donations of toiletries and other sundries (see the attached flyer for the full list). The December Chapter meeting will be your last chance to turn in your donations to Bakersfield WISE.
Become a Member!

Wondering how you can join the Bakersfield Chapter of ASSE?

You can join by:
- visiting [www.asse.org](http://www.asse.org),
- mailing in an application form (available at the monthly meetings),
- Or by calling (847) 699-2929.

Are your friends safety pros too?

You can refer a friend by visiting: [http://www.asse.org/membership/refer/](http://www.asse.org/membership/refer/)

Benefits When You Join

- **Read the Best** – Our top ranked member benefit, [Professional Safety](#)
- **Enhance Your Skills** – Explore discounted [educational opportunities](#)
- **Connect with Peers** - Reach out to 37,000 fellow professionals with [ASSE social sites](#)
- [Access members only resources](#)
  - Such as [Free Webinars](#) & [Body of Knowledge](#)

About ASSE

Founded in 1911, ASSE is the oldest and largest professional safety organization. With more than 37,000 members worldwide, ASSE is a global association of occupational safety, health (OSH) and environmental professionals that advances the interests of its members and the profession.

ASSE members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction and a better reputation, while recording less lost time, and lower workers’ compensation and healthcare costs.

ASSE members are classified in one of six member categories: professional, member, associate, international, student and emeritus. Members also can participate in practice specialties, branches, common interest groups and local chapters.

The CSUB Student Section meets the second Tuesday of the month at 7:00p.m. in the business development center at CSUB. Pizza will be served! If you would like to attend please RSVP to Elizabeth Hollman.

Speak at a Student Section Meeting

Our Student Sections are always looking for speakers to present at their meetings. Whether it be at CSUB or Taft, there are eager students who want to learn about the following topics:
- Asbestos sampling
- Agricultural production safety
- Agricultural sanitation
- Behavior based safety
- Regulatory Compliance Overview
- Confined spaces
- Conveyor belt safety
- Crane safety
- Electrical Standards/Safety
- Excavations Fall protection
- Heat illness prevention
- Industrial trucks
- Ladder safety
- Lead monitoring
- Lock out tag out (LOTO)
- Machine guarding
- Office ergonomics
- Pinch points
- Scaffolding

Contact our [CSUB](#) or [Taft](#) Student Section president to learn more!
Kern County Christmas for Seniors

Brighten a low income, isolated, or homebound Senior’s Christmas with donations of full-size “luxury” items (cleaning supplies, toiletries, etc.)

<table>
<thead>
<tr>
<th>Two-ply Toilet Paper</th>
<th>Razor &amp; Shaving Cream</th>
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</thead>
<tbody>
<tr>
<td>Flushable Wipes</td>
<td>Antiperspirant / Deodorant</td>
</tr>
<tr>
<td>Tissues</td>
<td>Face Lotion</td>
</tr>
<tr>
<td>Hand Soap</td>
<td>Body Wash &amp; Body Lotion</td>
</tr>
<tr>
<td>Hand Sanitizer</td>
<td>Shampoo &amp; Conditioner</td>
</tr>
<tr>
<td>Small Size Laundry Detergent</td>
<td>Toothbrush &amp; Toothpaste</td>
</tr>
<tr>
<td>Dryer Fabric Softener Sheets</td>
<td>Calendars</td>
</tr>
<tr>
<td>Cleaning Supplies</td>
<td>Large Print Books</td>
</tr>
<tr>
<td>Disinfectant Wipes</td>
<td>Large Print Puzzle Books</td>
</tr>
<tr>
<td>Paper Towels</td>
<td>Large Piece JigSaw Puzzles</td>
</tr>
<tr>
<td>Pet Food</td>
<td>Umbrellas</td>
</tr>
<tr>
<td>Gift Cards (up to $20) for Grocery Stores &amp; Pharmacies</td>
<td></td>
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</tbody>
</table>

Bakersfield WISE will be accepting donations at the December Chapter meeting.