THE PLEDGE

WORKING TOGETHER FOR A SAFER, STRONGER FUTURE
April 2022 Chapter Newsletter (Volume 8, Issue 4)



Bakersfield Chapter



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April 6, 2022 Chapter Meeting

Joyce Marter, Licensed Psychotherapist, CEO, National Public Speaker, and Author

Mental Wealth: How to Improve Your Mental Health & Financial Health

May is Mental Health Awareness Month! In this dynamic and engaging presentation, renown psychotherapist, entrepreneur and author Joyce Marter will discuss: The relationship between self-worth and net-worth; How to improve your psychology of money to improve your mental wellbeing and financial health; How to shift from a scarcity mindset to abundant thinking to cultivate an abundant life including health, connection, purpose, balance and prosperity.

Attend in-person at Hodel's (7:00-8:45AM) or attend via **Zoom - register here**.

Joyce Marter is a licensed psychotherapist with 25 years of experience and entrepreneur and is routinely consulted as a mental health expert in the media.



Her book, The Financial Mindset Fix: A Mental Fitness Program for an Abundant Life, was published in July of 2021.

Cal-OSHA Reporter Feature

The March 25, 2022 edition of the Cal-OSHA Reporter featured a great write-up on the Bakersfield Chapter 22nd Annual Symposium. Find more at https://www.cal-osha.com/.



Arianna Perez (center) accepts a \$5,000 scholarship from ASSP Bakersfield from scholarship chair David Mersereau (left) and chapter president Albert Lopez.



Motivational speaker Jones Laughlin exhorted attendees to plant the seeds of good safety ideas, and give them the room, nutrients and environment to grow.



An emotional Elizabeth Bravo, past president of the ASSP Bakersfield chapter, presents Joel Sherman with the chapter's Frank Rosenlieb Lifetime Award. Sherman recently retired after a long career with Grimnway Farms.



Some of the hundreds of conference attendees listen to CSP Catherine Jones opine on the effects on society of "B.S."



Austin Witt received a \$2,000 scholarship from the chapter.



More than 30 exhibitors helped make up for lost time with one of the first in-person professional development conferences in the pandemic era.

Springtime Safety Kickoff

It's been a long time coming, but the Bakersfield chapter of the American Society of Safety Professionals (ASSP) finally got together in person for a professional development conference. It was a well-attended event – approximately 400 attendees – and packed with compelling presenters. COVID was in the rearview mirror.

The PDC also featured more than 50 exhibitors at Mechanics Bank Convention Center in downtown Bakersfield. The chapter, which includes about 450 members, has steadily grown over the years, as has the city at the southern end of the Central Valley. Bakersfield is the ninth-largest city in California, with more than 400,000 residents. While energy and agriculture are the two main industries in the region, "our chapter is incredibly diverse" in its industry representation, says membership chair Steve Vochoska, a longtime safety professional who remains deeply involved in the chapter.

The PDC attracted almost the entire chapter.

The conference packed close to 40 sessions into the one-day conference, with subjects ranging from "The IIPP...It's Not As Simple As It Seems," by former Cal/OSHA inspector Dick Monod de Froideville (now an instructor at the OSHA Training Institute), to "Nonsense, Lying and Bullshit," by Catherine Jones, CSP, ARM. Jones spoke on the propensity to prevaricate in our society, emphasizing that safety

professionals must keep faith with the truth if they are to protect lives.

Dave Beadle, CIH, CSP, gave his amazing journey in safety, which has taken him around the world to face some of the most daunting environmental and safety challenges, only to have his life upended by a frivolous lawsuit, then rise from the aftermath. His message: One word can get you a dream EHS career – "yes." And don't let inevitable setbacks keep you down.

Longtime safety professional Joel Sherman, who recently retired from Grimmway Farms, was presented the chapter's Frank Rosenlieb Lifetime Award. Sherman has been active in Cal/OSHA regulatory matters involving agriculture. Former chapter president Isabel Bravo, who presented the award to Sherman, tearfully recalled Sherman's mentorship early in her safety career.

ASSP Bakersfield honored as its Safety Professional of the Year Steve Henslee of R.L. Environmental. It also presented scholarships to two promising young safety professionals, Arianna Perez and Austin Witt.

Keynote speaker Jones Laughlin likened safety ideas to seeds that germinate, which need the right environment to grow. For instance, he says, safety professionals should prune other tasks by transferring them to subordinates, automating them when possible, or dropping them altogether.





WINNER WILL RECEIVE











Deadline: Entries must be submitted on or before April 29 at 5 P

Include child's name and age, plus a parent or guardian's street address, phone number and e-mail address so that winners may be notified.

One (1) winner will be selected. One (1) entry per person. All entries become the property of KGET-TV 17 and will not be returned An independent panel of judges will select the winning entry that best illustrates the theme of "Safety-on-the-Job." Entries will be judged on the basis of creativity. Decision of the judges is final. Entries will be judged and prizes awarded at the end of the contest.

> Winner will be notified by email, phone or postal mail. The winner will receive a \$50 gift card and the winner's name will be announced the week following the contest on 17 Sunrise

Rules: Contest is open to children between 5 and 13 years of age. To enter, submit a color picture illustrating "Safety-on-the-Job" on an 8 1/2" x 11" sheet of paper. Entries will be received at the KGET-TV 17 front office at 2120 "L" Street. Office is open Monday - Friday, 8am - 5pm







The Bakersfield ASSP Chapter is once again excited to share about this year's Safety on the Job Poster Contest. Spread the word! Share with your educational friends! Tell all the kids you know!

Here are some of the rules:

- Contest runs through April 29, 2022
- > For children between ages 5-13
- Submit on 8 ½ x 11 sheet
- > Entries received at KGET-TV studios

The winner will receive a \$50 gift card and will see their drawing on TV!

If you have any questions, contact Jared McKnight. See official poster for all rules & information

The National Association of Women in Construction (NAWIC) celebrated Women in Construction (WIC) Week from March 1-7, 2022. WIC Week helps NAWIC advance its mission to strengthen and amplify the success of women in the construction industry.

The focus of Women in Construction Week is to highlight women as an expanding component of the construction industry. WIC Week provides a forum for NAWIC's thousands of members across the country to raise awareness of the growing role and expanding opportunities for women in the construction industry.



Learn more at https://www.nawic.org/ and check out the WIC YouTube video with Sofia & Stu!

Women in Construction (WIC) Week

ASSP Industry News & Articles

- 1. To improve safety and health performance, organizations should use metrics that go beyond incident rates and other failure metrics. The Z16 standard promotes the use of leading metrics and metrics related to success and business impact <u>Safety and Health Metrics (Z16.1)</u>
- 2. Confined space hazards in cargo truck tanks are an afterthought for many employers Why It's Time to Rethink Cargo Truck Tank Safety
- 3. In the seemingly never-ending search for success, there are so many elements that comprise an effective and efficient safety program The 7 Cs for Safety Success

May 4, 2022 Chapter Meeting Bob Schmidt - CERTEX

Fall Protection

Join the Chapter meeting as Bob Schmidt shares fall protection information in the spirit of the 9th Annual National Safety Stand-Down to Prevent Falls in Construction (May 2-6, 2022). Bob has delivered over 500 fall protection training classes and demonstrations in California, Nevada, and Arizona. Bob holds multiple fall protection credits and has been a member of the Bakersfield Chapter for close to 20 years.

Visit https://www.osha.gov/stop-falls-stand-do and http://stopconstructionfalls.com/ for more details.



Attend in-person at Hodel's or attend via Zoom.

National Occupational Injury Research Symposium

ASSP, NIOSH, and several other safety organizations are partnering to deliver National Occupational Injury Research Symposium (NOIRS) 2022, a **free virtual event** that will highlight research on preventing occupational injuries. NOIRS is the only national forum focused on occupational acute traumatic injury research.

Register today! Join us online as NOIRS will be taking place May 10-12, 2022, 12:00–4:00 PM EDT each day, with a poster session at 4:00 PM on May 11.

Registration is now open for this free event. Questions? Email noirs@cdc.gov.

NOIRS brings together researchers, academicians, labor union representatives, safety professionals, industry leaders, and students from multiple disciplines and fields to advance the public health mission of keeping workers safe on the job. If you're interested in learning about emerging issues in occupational safety and cutting-edge occupational injury research findings from leading experts, then NOIRS is for you!



Feature of the Month

22nd Annual Bakersfield ASSP Symposium

What an incredible day! The 2022 Bakersfield Safety Symposium was hosted at the Mechanics Bank Convention Center. This amazing event welcomed over 500 attendees, a laundry list of exhibitors, multiple sponsors, and a great slate of powerful speakers throughout the day. Check out photos from the event in the following slides. The symposium provides one of the most sought after events for attendees to learn the profession's best practices focusing on safety, health, and environmental issues.

Frank Rosenlieb Dedicated Service Award

The Frank Rosenlieb Dedicated Service Award was presented by Isabel Bravo to Joel Sherman at the 22nd Annual Symposium. He has been a teacher, a mentor, a resource, and a friend to many in the chapter. He has volunteered his time to serve as President and President-Elect of the ASSP Bakersfield in 2004-2005. He has been invited to speak at our ASSP Bakersfield Chapter meetings, annual symposium, AgSafe, ASHCA, and numerous other health & safety organizations. He has more than forty-two years of experience in the safety and workers' compensation field and oversaw six departments responsible for the health, safety, environmental and workers' compensation issues for more than 7,500 employees and contract laborers. He served as the Chairman of the Board of Directors of the California Coalition on Workers' Compensation for 2009-2010 and served on the Board of Managers of the California Self-Insurance Association.



Joel – Thank you for your dedicated service.



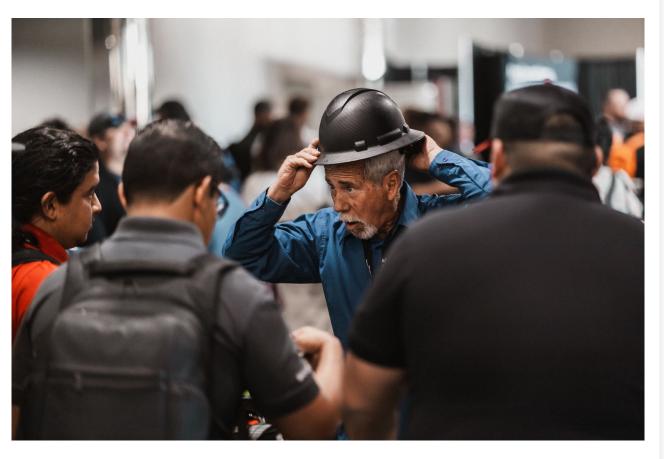






















The Bakersfield Chapter proudly hosted the first dedicated Spanish-only track during this year's symposium.

The day-long track was moderated by Vanessa Galvan and Isabel Bravo and featured various speakers (presented to the left).

Bakersfield Chapter Scholarship Program





Austin Witt (pictured) - Community College scholarship recipient has changed course in his tertiary education and is pursuing his OSH degree to better benefit the communities he serves while working in the health and safety field.

Kayleigh Ray - Undergraduate scholarship recipient is charging full steam ahead at USC as she fulfills her dream of working in the astronautical engineering field and discovering new risk reduction measures in spacecraft design.

Arianna Perez (pictured) - Undergraduate scholarship recipient has such a joy for giving that she has decided to pursue a career in Public Health where we know she will continue as a servant leader and grow the field of Health and Safety in her communities and beyond.

David Mersereau and Albert Lopez delivered the awards.

EHS Pros on the Move!

- Amy Roth, Vice President EHS at Terra-Gen, LLC
- Juan Diaz, Field Safety Specialist at Wonderful Orchards
- Scott Love, Senior Safety Specialist at PG&E
- Kristine Cook Rizo, HES Safety Specialist at Unified Field Services Corporation
- Quinlan Brown, Senior Field Safety Specialist at PG&E







Amy, Quinlan, and Kristine pictured



- ✓ Brent Horton Columbia Southern / Student Member
 - ✓ Glen Tolle Seneca Resources
 - ✓ David Todd Aera Energy LLC



Sabrina Delgado with Aera Energy, LLC recently completed her Masters in Safety, Security, and Emergency Response from Eastern Kentucky University to fulfill the requirements to become a Graduate Safety Professional®

NEW MEMBERS & SPOTLIGHTS

The Nominations Committee proudly announces the nominees for election to the 2022-2023 Chapter Executive Committee. Ballots will go out to our chapter members by May 1, 2022 and close by May 15, 2022.

*Per chapter by-laws, any fifteen (15) Chapter Members may submit a signed petition nominating one or more individuals for elective office. The petition shall be accompanied by a written acceptance by the nominee(s) and shall be submitted to the Chairperson of the Nominations and Elections Committee 30 days in advance of the election. The name and qualifications of such nominees shall be published and distributed to the membership at least 15 days prior to the election. The deadline to submit a petition is April 1, 2021.



Bakersfield Chapter

Nominees for Election 2022-2023

President Elect – Vicky Furnish

Secretary – Lisa Marriott-Smith

Treasurer – Helen Ordway

Assembly Delegate (2)

Isabel Bravo and Michael Garcia

Become an ASSP Member

General Membership is under \$200 per year!

Complete the <u>online application</u> today.

As an ASSP member, you will elevate your career; gain knowledge, tools, and resources to prevent worker injuries, illnesses and fatalities; help improve your company's performance; and become part of a vibrant community of over 37,000 safety professionals working together for a safer, stronger future.



Complete the Membership application at www.assp.org.







A Little About ASSP

ASSP publishes the <u>Professional Safety Journal</u>: a flagship monthly journal and top member benefit covering the latest safety management and injury prevention trends.

Our more than 40,000 members are dedicated to making their workplaces safer and healthier, and the Bakersfield Chapter shares in their commitment.

ASSP members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction, and a better reputation while recording less lost time, and lower workers' compensation and healthcare costs.

Is your company looking for a qualified safety professional? Contact Chris Vochoska to have the opening posted on this page.

If you are looking for job postings, find current opportunities shared with the Chapter on the Chapter website.

You can find Chapter Documents, Member Updates, Newsletters, and Presentations on our <u>Chapter Library page</u>.

For comments or suggestions on ways we can improve this newsletter as a service to you, our members, please contact Dave Lee at leed@kerncounty.com.



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