Participating Agencies

County Agencies:
Kern County District Attorney
Kern County Public Defender
  Kern County Sheriff
  Kern County Probation
Kern County Fire Department
Kern County Department of Human Services
  Kern County Mental Health
  Kern County Public Health
  Kern Medical Center

City of Bakersfield:
Bakersfield Police Department
Bakersfield Fire Department
Effects of Meth Use

- Chronic methamphetamine abuse can cause changes in brain structure, brain function and memory.
- Persistent methamphetamine abuse can lead to psychotic behavior such as paranoia, hallucinations and violent tendencies.
- On average, it takes former users nearly two years in recovery to regain full capacity in areas related to memory, judgment and motor coordination.
Impact on Services

• Methamphetamine abuse and addiction among a population draws heavily on the services provided by a county, due to its far reaching impact.

• Many agencies are “first responders” to a 911 call involving a case of overdose, methamphetamine-related domestic violence, criminal activity, hazardous waste, or fire.

• Other county service providers deal with the longer-lasting effects of methamphetamine use as treatment providers, probation officers, social workers and foster caregivers.
Impact of Methamphetamine: The “Ripple” Effect

Non-violent crime: e.g., property theft, auto theft

Violent crimes: e.g., domestic violence, assault, homicide

Disturbing the Peace

Child abuse/neglect
W&I 300 (protective custody)

Meth Use

Medical crisis

Treatment Providers:
Kern County Mental Health
In/Out-patient Centers

Law Enforcement:
Sheriff’s Office
Bakersfield Police Dept.
Local law enforcement agencies

Human Services:
CalWORKs
CPS

Criminal Justice System:
District Attorney
Public Defender
Courts

Emergency Response
Ambulance
Paramedics
Fire Department

Hospitals KMC

Recidivism

Graduation from Matrix

Children in foster care, rise in out-of-home placements

Dissolution of families and neighborhoods

Costs to local businesses

Loss of wages, loss of tax revenue, loss of child support monies

Rise in unemployment and poverty

Rise in unemployment

Absenteeism, lost productivity at place of employment

Truancy, aggressive behavior, disruptive behavior at school

Court and Community Schools

Prevention Programs:
Early Intervention Program
Project 180

Emergency Response

Medical crisis

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How We Collected Data

1) Statistical data from county agencies, specifically the District Attorney, the Sheriff’s Office, and the Department of Mental Health;

2) A “snapshot” study in which personnel from county agencies and law enforcement were asked to collect data during the month of May 2014 on the number of client contacts or encounters in which meth was involved; and

3) A comparison, when possible, of these data with data from the original 2008 Kern County Methamphetamine Impact Study.
“If you’re down, if you’re hurting, methamphetamine takes the pain away. You’re feeling bad, you’re upset, somebody you love just kicked you out of the house or something; you go out there and smoke meth, and you aren’t worried about it anymore. You stop caring about stuff. That’s what it really does—it stops you from caring.”

- Male Substance Abuse Treatment Client
  (started at age 13)
Kern County District Attorney
May 2008 and 2014 Snapshot Studies
Meth Cases and Cases with a Prior History of Meth as a Proportion of All Cases Filed from May 1-10 in 2008 and in 2014

- % of Non-narcotics Cases with Prior History of Methamphetamine
- % of Cases Charged Directly with Methamphetamine
- % of Non-narcotics Cases Charged with No Prior History of Methamphetamine

2008 (n=142)
- 53.5
- 40.8
- 5.6

2014 (n=119)
- 52.9
- 23.5
- 23.5
## Data Comparison

<table>
<thead>
<tr>
<th>Category</th>
<th>2008</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct felony charges related to meth</td>
<td>40.8%</td>
<td>52.9%</td>
</tr>
<tr>
<td>Felonies with a current or past history of meth use or sales</td>
<td>46.4%</td>
<td>76.4%</td>
</tr>
<tr>
<td>Percent of all DRUG cases served by the Public Defender’s Office</td>
<td>73.9%</td>
<td>N/A</td>
</tr>
<tr>
<td>Percent of ALL cases served by the Public Defender’s Office</td>
<td>N/A</td>
<td>65.8%</td>
</tr>
<tr>
<td>Suspected and confirmed police encounters involving meth</td>
<td>20%</td>
<td>27.9%</td>
</tr>
<tr>
<td>Referrals to juvenile probation related to meth</td>
<td>17.0%</td>
<td>54.2%</td>
</tr>
<tr>
<td>Kern Medical Center Trauma Unit (admission of prior meth use)</td>
<td>31.5%</td>
<td>31.8%</td>
</tr>
<tr>
<td>Percent of children removed from the home due to meth</td>
<td>27.4%</td>
<td>36.1%</td>
</tr>
<tr>
<td>Treatment admissions with meth as drug of choice</td>
<td>48.7%</td>
<td>42.6%</td>
</tr>
</tbody>
</table>
Kern Stop Meth Now

• After the data from the 2008 study were presented, the BOS charged KCMH with the responsibility of putting together a task force to develop a strategic plan to reduce the impact of meth in Kern County.

• That task force, the Kern Stop Meth Now Coalition, currently supports grassroots efforts in the areas of prevention, early intervention, treatment, and suppression.
Kern Stop Meth Now

The mission of the Kern Stop Meth Now Coalition is to reduce the impact of methamphetamine and other drugs on youth, families, businesses, and communities through effective, evidence-based prevention, intervention, treatment and suppression strategies.
Kern Stop Meth Now

• The Coalition offers:
  – Community presentations to raise awareness and support for communities to develop action plans;
  – An informational website and social media updates;
  – Family strengthening activities;
  – Support for mentoring organizations;
  – Training for small businesses in drug-use recognition and Drug-free Workplace policies; and
  – Support for a variety of other evidence-based practices, such as drug take-back programs.
Kern County recently applied for and received a Drug Free Communities Grant from the federal government. The purpose of the grant is to reduce underage drinking.

So what does underage drinking have to do with meth use?
Underage Drinking & Meth

• The majority of methamphetamine users get their first hit as teenagers; about half of them are under 15 years of age the first time they use meth. This is middle school age.

• Most meth users took their first hit while under the influence of alcohol—as teenagers.

• Kids do things while under the influence that they would never do otherwise.

• If we can postpone the age at which kids start using alcohol, we may be able to impact the number who begin using meth.
Why Alcohol?

CHKS 7th Graders Report

<table>
<thead>
<tr>
<th></th>
<th>Lifetime Use</th>
<th>Past 30 Day Use</th>
<th>Binge</th>
<th>Until I get drunk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kern</td>
<td>20%</td>
<td>11%</td>
<td>5%</td>
<td>2%</td>
</tr>
</tbody>
</table>

- The majority of people in treatment as adults today, began their drug using careers with alcohol use the middle school years.
- Alcohol is so available, it can not be used as currency in youth gambling.
## Perception of Harm

<table>
<thead>
<tr>
<th>KERN – Student Perception of Harm from AOD Use (2013-2014 CHKS)</th>
<th>7th Grade</th>
<th>9th Grade</th>
<th>11th Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perceived harm in an occasional drink:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Great</td>
<td>32.2%</td>
<td>29.8%</td>
<td>27.5%</td>
</tr>
<tr>
<td>Moderate</td>
<td>21.4%</td>
<td>25.0%</td>
<td>24.4%</td>
</tr>
<tr>
<td>Perceived harm in binge drinking:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Great</td>
<td>42.3%</td>
<td>50.5%</td>
<td>51.9%</td>
</tr>
<tr>
<td>Moderate</td>
<td>20.5%</td>
<td>26.5%</td>
<td>26.4%</td>
</tr>
<tr>
<td>Perceived harm in occasional marijuana use:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Great</td>
<td>42.7%</td>
<td>37.4%</td>
<td>31.5%</td>
</tr>
<tr>
<td>Moderate</td>
<td>19.4%</td>
<td>22.9%</td>
<td>23.1%</td>
</tr>
<tr>
<td>Perceived harm in regular marijuana use:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Great</td>
<td>45.8%</td>
<td>45.9%</td>
<td>42.1%</td>
</tr>
<tr>
<td>Moderate</td>
<td>16.4%</td>
<td>21.6%</td>
<td>20.4%</td>
</tr>
</tbody>
</table>
Executive Board

• 12 Sector Representatives (parents, youth, business, faith-based, government, treatment providers, schools, media, civic/fraternal organizations, etc.)

• Committee Chairs

• Program Director, Program Facilitator and Mental Health Director

• Meets monthly
KSMN Committees

- Business
- Youth and Family Wellbeing
- Public Safety
Trainings

• Mentoring Conference at CSUB in March
• Leaders in Life Conference in March
• IPE Trainings on drugs
• Coalition outreach in communities
• Community centered Call to Action
KSMN Website

Kern Stop Meth Now Coalition

Contact Us | Tools/Resources | Community/Events | What We Do | KSMN History

Each year, excessive drinking contributes to nearly 80,000 deaths in the United States.

What is it doing to you?

About Us

In 2008, the Kern County Board of Supervisors asked Kern County Mental Health to examine the impact that meth use has on county services and on local communities. Mental Health collected information from county agencies, law enforcement, faith-based organizations, treatment providers, local media, and community members. Their findings were startling:

- Up to 39% of all felony prosecutions in Kern County include methamphetamine

MTF Calendar

KC Kern StopMethNow

<table>
<thead>
<tr>
<th>Sun 27</th>
<th>Mon 28</th>
<th>Tue 29</th>
<th>Wed 30</th>
<th>Thu 1</th>
<th>Fri 2</th>
<th>Sat 3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10:30am KE</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Quick Links

- News and Articles
- General Information
- Caregiver Information
- Publications

Follow us on Twitter @KernStopMethNow

1.855.NO2METH
1.855.662.6384
Search - Treatment

[PDF] KCMH Substance Abuse Treatment Providers - Kern Stop M...
www.kernstopmethnow.com/.../KCMH_Treatment_Providers___Handou... ▼
Outpatient Substance Abuse Treatment for Youth. School Based Services for Youth. School Based Services. Adult Substance Abuse Treatment. For additional ...
You've visited this page many times. Last visit: 10/25/15

KernStopMethNow.com Substance Abuse Treatment ...
www.kernstopmethnow.com/.../Substance_Abuse_Treatment_Providers.... ▼
Dec 10, 2013 - Kern County Mental Health Substance Abuse Treatment Providers Below, you will find a PDF that contains Outpatient Substance Abuse ...

KernStopMethNow.com Access to Treatment - Adults
www.kernstopmethnow.com/.../treatment___Access_to_Treatment___Adults....
Mar 20, 2012 - Access to treatment - Adults. Crisis Addiction Counseling. The Crisis Addiction Counseling program offers substance abuse counseling to any ... You've visited this page 2 times. Last visit: 11/20/13

[PDF] Understanding Treating Adolescent Substance Abuse
www.kernstopmethnow.com/.../Treating_Adolescent_Substance_Abuse.... ▼
ness of adolescent drug abuse treatment is a relatively new field, it is clear that treatment benefits this popula- tion. Nevertheless, only one in 10 adolescents ...
YouTube

KernStopMethNow

Home Videos Playlists Channels Discussion About

KernStopMethNow uploaded a video 5 months ago

Addiction is a Disease
by KernStopMethNow
5 months ago - 5 views
Watch this animated infographic to learn more. It explains that addiction is a disease that involves changes in the structure and function of the brain, which can result in compulsive ...

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by KernStopMethNow
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The Other Side of Cannabis: Negative Effects of Marijuana on Our Youth.

Channel tips
- Get free music for videos
- First impressions matter
- Add a channel trailer
- Get local updates
- Update your email address
- For fitness fans

View all

Featured Channels

Popular channels
How Can Business Be Involved?

• Bringing your expertise to one or more of our committees: Business, Public Safety, Youth & Family Wellbeing.
• Helping us outreach to small businesses that don’t have Drug-free Workplace policies.
• Sponsoring Drug-use Recognition training.
Refer to the GATE Team

• The Kern County Mental Health GATE Team assesses individuals for substance abuse and refers to treatment at no cost.
• Some individuals may be eligible for or placed in programs that pay for part or all of their treatment.
• In addition to accepting self-referrals, the GATE works closely with Probation, the courts, Department of Corrections & Rehabilitation, and Child Protective Services.
Refer to the GATE Team

FOR ADDITIONAL INFORMATION ABOUT THE GATE, OR TO REFER SOMEONE TO THE GATE, CALL:

661-868-6453
And perhaps most importantly, BUSINESS CAN:

- Give us access to your employees! Your employees are family people who may not understand how their children are being targeted. We can reach them through:
  - Health fairs
  - Outreach materials
  - Training opportunities
  - Parent education programs
The famous anthropologist, Margaret Mead, once said:

Don’t doubt that a small group of committed individuals can change the world. Indeed, it’s the only thing that ever has.
The only thing we know for sure: It will take the entire community—agencies, BUSINESSES, schools, faith-based organizations, treatment providers, people in recovery, families, young people—ALL OF US to make a difference.
For additional information about Kern Stop Meth Now:

Contact
Adrienne Buckle
Kern County Mental Health
661-868-6108

Or visit our website:
www.KernStopMethNow.com