



February 5 Meeting Topic

Safety Department of One - Developing Risk Management Skills That Will Impact Your Success



Cathy Marx, Principal and President of Aspen Risk

No matter what your title or the size of your safety department, you deserve a seat at the table” when corporate decisions are made. This session will provide tools for you to use to gain the respect of your corporate peers to improve your professional impact on the overall safety and health of your organization. In this session we will: 1) identify allies in your organization and keeping them on your side when tough decisions must be made; 2) review time management strategies that help focus your time most effectively on the issues that are both strategically important and “human” centric; 3) identify opportunities to drive safety engagement by delegating responsibilities and increasing ownership among supervisors and employees; 4) learn how to communicate the value of safety initiatives to secure needed resources; and 5) discuss utilizing outside resources that can assist you in making the biggest impact on safety.

Bakersfield ASSP Monthly Meetings

Monthly meetings are held from 7:00-8:45am on the first Wednesday of the month at Hodel’s Country Dining (5917 Knudsen Drive, Bakersfield CA 93308).

Cost of meeting attendance is \$15 and includes breakfast buffet or custom-crafted omelet.

Cash/check/credit/debit cards are accepted. The cost is only \$5 for Student and Emeritus Members of ASSP.

Your RSVP is appreciated! RSVP for the upcoming meeting by emailing [Chris Vochoska](mailto:Chris.Vochoska@assp.org).



A Little about ASSP

- ⇒ Founded in 1911, ASSP is the longest running safety organizations and the most respected advocate for workplace safety and health professionals.
- ⇒ Our more than 37,000 members are dedicated to making their workplaces safer and healthier, and the Bakersfield Chapter shares in their commitment.
- ⇒ ASSP connects great people to great resources supporting more than 150 chapter communities in the United States and abroad, as well as practice specialties, common interest groups, and student communities that enable occupational safety and health professionals to engage on a global scale.
- ⇒ ASSP members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction, and a better reputation while recording less lost time, and lower workers' compensation and healthcare costs.
- ⇒ ASSP publishes the [Professional Safety Journal](#): a flagship monthly journal and top member benefit covering the latest safety management and injury prevention trends.
- ⇒ ASSP produces a [podcast now](#) - Safety Standards and Tech Pubs Podcast will help you stay up to speed on the latest in industry consensus safety standards and technical publications.

Become an ASSP Member!

Complete the Membership application at www.assp.org.

Membership is under \$200/year!

Students: Join for only \$15/year and receive a free year membership upon your graduation! What a great deal!

As an ASSP member, you will elevate your career, gain knowledge, tools and resources to prevent worker injuries, illnesses and fatalities, help improve your company's performance, and become part of a vibrant community of over 37,000 safety professionals working together for a safer, stronger future.

For comments or suggestions on ways we can improve this newsletter as a service to you - our members - please contact Dave Lee at leed@kerncounty.com.



AMERICAN SOCIETY OF
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21st Annual Bakersfield Symposium

The 21st Annual Symposium will be held on Wednesday, March 25th, 2020 at The Mechanics Convention Center (1001 Truxtun Ave in Bakersfield, California).

This Annual Symposium provides one of the most sought after events for attendees to learn the profession's best practices focusing on Safety, Health, Human Resources, Workers' Compensation, Industrial Hygiene & Environmental Issues. The Symposium is attended by over 400+ attendees annually and features an exhibition of over 50+ sponsors and exhibitors. The event features a keynote speaker and 35 breakout sessions with nine concurrent tracks running throughout the day. You do not need to be an ASSP member to attend.

If you have any questions regarding the event, please e-mail safety@safetybakersfield.com or call Erika May at 661.472.6591. For more details and online registration visit the Symposium website at www.SafetyBakersfield.com.

2020 Valley Coastal Chapter PDC

APRIL 29 - 7:00 am to 4:30 pm

The ASSP Valley Coastal Chapter proudly presents their Annual Professional Development Conference featuring two instructional tracks, eight Technical sessions, two keynote sessions, access to expo area, exhibitor bingo, raffle prizes, and more. The PDC is hosted at Airtel Plaza Hotel at 7277 Valjean Avenue in Van Nuys.

It's not too late to get an early bird discount! Valley Coastal have extended the early bird registration special of \$99 to February 29! The price goes up to \$149 on March 1. For conference details and registration, visit <https://valleycoastal.assp.org/events/assp-valley-coastal-pdc/>.



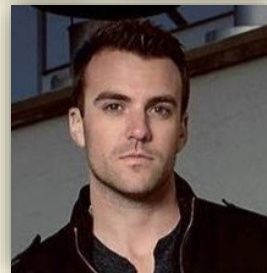
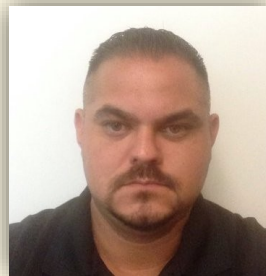
21st Annual Bakersfield ASSP Symposium Event Schedule - Wednesday, March 25, 2020, Mechanics Bank Convention Center

7:00 – 8:15 AM	Registration / Breakfast / Exhibitors Visitation				
8:15 – 8:30 AM	Welcome / Introductions / Opening Comments - In Exhibit Hall				
Breakout Session #1 8:30 - 9:30 AM	W, X, Y, & Z: Opening Communication And Mentorship Through Generational Differences Wyatt Bradbury, ASP, CHST, CIT (1A)	Wage And Hour Update Anthony Raimondo, Esq. (1B)	Civility In The Workplace Robin Paggi, MA, SPHR-CA, SHRM-SCP, CPLP, CPC (1C)	Rethinking Risk Assessment: Adding The Third Dimension Gary Higbee, EMBA, CSP (1D)	Environmental, Health And Safety Internal Audit Process Lance Baird & Rich Gibson, CSP (1E)
	ISO 45001 Nancy Weinstein (1F)	Understanding The Cal/OSHA Appeals Process Dick Monod de Froideville (1G)	Benzene: What You Need To Know Chris Juarez (1H)		Medic First Aid Certification In: CPR, AED, And First Aid For Adults Rigo Enciso - WESTEC (1J) (class - 1 of 4)
9:30 - 10:00 AM	Exhibitors Visitation / Break				
Breakout Session #2 10:00 - 11:00 AM	How To Manage Millennials Ken Beurmann (2A)	Marijuana And CBD In The Workplace David Blaine, Esq. (2B)	EHS to Risk Management: The Career Transition Lee'o Whisenant, MS, CSP (2C)	Workers' Comp 101 Elizabeth Barravichia (2D)	Embrace Errors, Don't Hide Them Tim Page-Bottorff, CSP, CIT (2E)
	Panel Discussion - Updates On Workers' Comp & PAGA Sean McNally & Christine Baker (2F)	RMP/PSM/CalARP Compliance Audits: Ensuring The Viability Of A Living Program Ryan Bray (2G)	Listening Skills Tom See, MPA, SCP, SPHR (2H)	Workplace Violence Roosevelt Scott, Jr (2I)	Medic First Aid Certification In: CPR, AED, And First Aid For Adults Rigo Enciso - WESTEC (2J) (class - 2 of 4)
11:00 - 11:30 AM	Exhibitors Visitation / Break				
11:30 AM - 1:30 PM	Lunch / Keynote Speaker - But What Will You Do Next? - Jones Loflin				
1:30 - 2:00 PM	Exhibitors Raffle / Break				
Breakout Session #3 2:00 - 3:00 PM	Safety: A Catalyst For Business Success James Boretti, CSP (3A)	AB5 - Get Ready For The New Independent Contract Law Katy Raytis, Esq. (3B)	Protecting Your Business From PAGA Dustin Dodgin, Esq. (3C)	The Illusion And Delusion Of Risk Calculations Mark Hansen, PE, CSP, CPEA, CPSA, CPE, FASSP (3D)	Assessing And Implementing Machine Guarding Programs In Agriculture Vanessa Galvan, CSP, AFIS (3E)
	Influences Of Safety: An Understanding Of Human Performance Debbie Rodriguez (3F)	Homeless: What We Know So Far Jim Wheeler, MPA (3G)	Techniques To Help Make Training Fun And Effective Chris Vochoska (3H)	Emergency Management - Being Ready For What Could Happen Georgianna Armstrong (3I)	Medic First Aid Certification In: CPR, AED, And First Aid For Adults Rigo Enciso - WESTEC (3J) (class - 3 of 4)
3:00 - 3:15 PM	Break				
Breakout Session #4 3:15 - 4:15 PM	Real World Key Performance Indicator (KPI) Dashboards Jim Damian, MSW (4A)	Criminal Liabilities For Companies Shaun Kelly (4B)	2020 Ergonomic Olympics: Winning Solutions Thomas Traut, M.Ed., RKT, CEAS III (4C)	When Worlds Collide: Coordinating Leaves Of Absences Under The ADA, Workers' Compensation And The FMLA Jerry Pearson (4D)	Electrical Safety - How To Comply With The NFPA 70e Heath Taylor, CSP, CEECP (4E)
	The Often Forgotten Aspect Of Fall Protection Andy Bull (4F)				Medic First Aid Certification In: CPR, AED, And First Aid For Adults Rigo Enciso - WESTEC (4J) (class - 4 of 4)
4:15 PM	Pickup CEU Certificates, Event Ends				

Welcome New Members

The Chapter loves when we can welcome new members!

- ♦ Joel Ramirez - Nestle
- ♦ Casey Dabbs - E&B Natural Resources
- ♦ Cameron Wills - Amber Chemical Inc
- ♦ Gladys Rodriguez - PLC's Plus International
 - ♦ Janie Dyer- Wm. Bolthouse Farms
- ♦ Linna Kleinschmidt - Air Force Research Laboratory
 - ♦ Veronica Luna - Wm. Bolthouse Farms
 - ♦ John Ontiveros - Wonderful Citrus
 - ♦ Josh Powell - Ensign Energy
 - ♦ Rich Rivera - Nestle Dreyers
 - ♦ Troy Staib - Kings Oil Tools
 - ♦ Taylor Unruh - Aera Energy LLC
- ♦ Ruben R. Del Portillo, Larry Maxey, Marvin Rodriguez



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Member Spotlight!



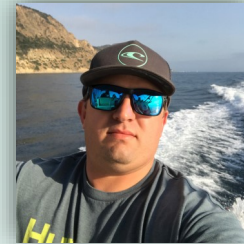
Shane Kelly with Braun Electric Company Inc. recently completed the requirements to become a Safety Management Specialist.

Joe Simmons with Continental Labor & Staffing Resources recently completed the requirements to become an Associate Safety Professional.



Congrats to Lonnie Terrell, SMS, CHST for starting a new position as Regional Safety Manager at Granite Construction.

Congrats to Chris Brand for starting a new position as Health Environmental Safety Specialist at Chevron.



Congrats to Erica Caldera for starting a new position as Employee Compliance & Food Safety Specialist at AgriCare, Inc.

New Member Promotion

Join the Bakersfield Chapter & use promo code **201BAKERSFIELD** to waive the \$25 application fee & receive a \$25 restaurant.com gift card! Apply today at <https://www.assp.org/membership/apply-to-join>.

Cathi Marx - Thank you for sponsoring Caleb Haus
Edwina Stewart - Thank you for sponsoring Joel Ramirez



Eastern Kern Meetup!

Eastern Kern Chapter Meetings (held at the Mojave Air & Space Port) are moving from first Fridays to first Thursdays beginning February 6, 2020.

FEBRUARY 6, 2020

Topic: How to Train for Cal/OSHA's Top 10 Violations

Isabel C. Bravo, CSP, PHR - Director of Environmental, Health and Safety - Wonderful Citrus - California Farming Operations

MARCH 5, 2020

Topic: Hazardous Waste

Vicky Furnish, REHS
Senior Environmental Advisor - Southern California Edison

APRIL 2, 2020

Topic: Valley Fever – Coccidiomycosis - Current State of Knowledge for Concerned Employers

Michael D. Geyer P.E., CSP, CIH – Kerntec Industries



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Government Affairs Updates

Can Ergonomics Programs Help Solve the Opioid Crisis? Preventing Pain may be the Key.

Current response to the opioid crisis focuses on preventing overdose deaths, providing treatment for people with opioid addiction and/or changing prescription practices to prevent new cases of opioid overuse. However, we are never going to stop the influx of new opioid users only by changing prescription practices, moreover, those that benefit from opioids (for pain) are often left without adequate pain-management due to knee-jerk reaction to the “crisis.” The article cited below offers employers another response option, i.e., evaluating ergonomic risks and implementing ergonomic programs in order to minimize musculoskeletal injuries that could involve opiate prescriptions for pain management.

<https://synergist.aiha.org/201905-ergonomics-opioid-crisis>

Protective Footwear in Warehouses

The California Court of Appeal upheld Cal/OSHA’s citations issued for inadequate protective footwear at a Home Depot warehouse, where forklifts and pallet-jacks are present. If your facility has a warehouse or a materials-storage area, and forklifts or pallet-jacks are used to move materials, you may want to review this ruling and you may want to review your footwear policy – in order to mitigate a citation similar to what Home Depot was issued.

<https://www.dir.ca.gov/DIRNews/2019/2019-85.pdf>

Driver Fatigue on the Job – Motor Vehicle Safety at Work

NIOSH has studied work-related accidents involving motor vehicles where driver fatigue may have been a causative factor and published several studies that resulted in data and Fact Sheets on driver fatigue. NIOSH recommends a fatigue risk management system will help employers and workers work together to reduce the risks of driver fatigue. The link to NIOSH is provided here: <https://www.cdc.gov/niosh/motorvehicle/topics/driverfatigue/default.html>

Findings related to the data”

- ⇒ One in five fatal crashes in the general population involve driver fatigue.
- ⇒ A survey found that 37% of workers got less than the recommended min. of 7-hrs of sleep.
- ⇒ After 17 consecutive hours awake, impairment is equivalent to having a blood alcohol content (BAC) of 0.05. After 24 hours awake, impairment is equivalent to a BAC of 0.10



Safety News & Notes

SPAN ASP Exam Prep Workshop

The March 30 – April 1, 2020 SPAN ASP Exam Prep Workshop in Bakersfield is now available for [registration](#) . ASSP members receive a 10% Discount (Regular Price - \$950) by using discount code *BakersfieldASSP*.

For information and qualification requirements for BCSP Certifications, [click here](#). For information about SPAN workshops, [click here](#).

For Prep Class questions contact:
Kim Jennings, (417) 724-2881
SPAN International Safety Training
kim@spansafety.com
www.SpanSafetyWorkshops.com

New CSP & ASP Exams to be Released

The Certified Safety Professional (CSP) examination has been revalidated and the new exam will be released in late February 2020. The Associate Safety Professional (ASP), which recently concluded beta testing, will be released in late March 2020.

Information from each examinations' beta test is currently being assembled, which will be used by a psychometrician to validate the new examinations' items to ensure their continued quality. The new examinations' blueprints and references can currently be found the certifications' webpages below:

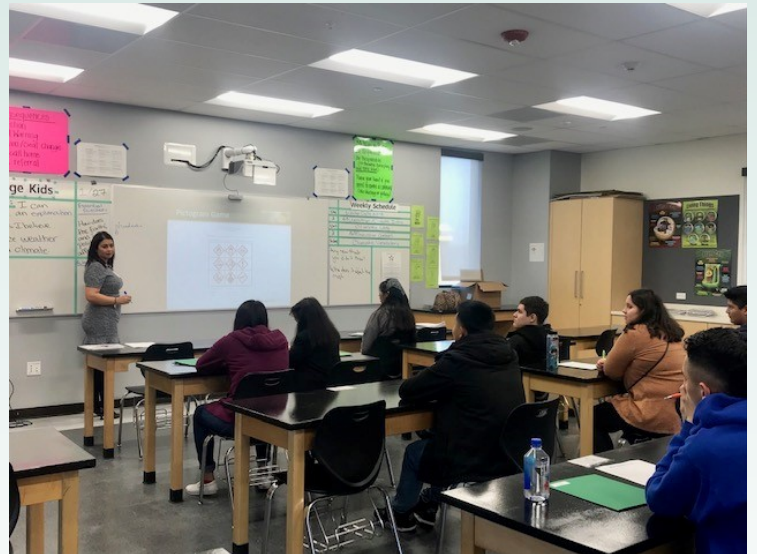
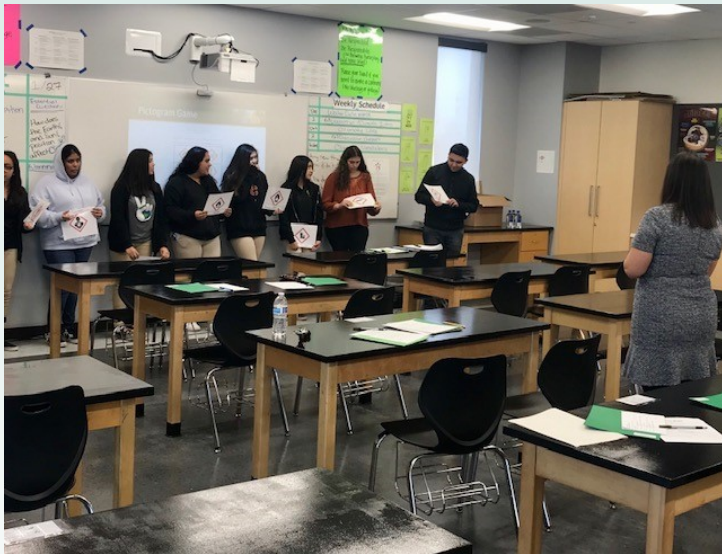
[CSP Blueprints & References](#)

[ASP Blueprints & References](#)



Promoting the Profession!

Members of the Bakersfield Chapter seen promoting the Environmental, Health, and Safety (EHS) profession at Career Exploration Day at Wonderful College Prep Academy.



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UPCOMING CHAPTER MEETING

March 4 - Kurt Mortensen, Advanced Influence



Kurt W. Mortensen is an international authority on charisma, human nature and influence. Kurt has spent over 20 years researching persuasion and motivational psychology and he teaches on the university level. Kurt is the author of Persuasion IQ, Laws of Charisma and the best-selling book Maximum Influence. His Books have been translated into 28 languages. Mortensen teaches that professional success, personal relationships, and leadership potential depend on the ability to persuade, influence, and motivate others. The key is to get others want to do, what you want them to do and like doing it. Take great notes because Mortensen will reveal the formula to becoming more influential and how to increase your Persuasion IQ.

Topic: How to maximize your influence (including up and to the side)

a.k.a How to accomplish 10X more in half the time with 1/3 the effort

Has this happened to you? You are talking to a potential client, a prospect or a manager of another department. In your mind what you are proposing is a no brainer and it will only take a few minutes to influence them to do what you want them to do. It is a perfect fit and will solve the problem. The more you talk, the more they resist. The more they resist, the more facts you use – the more they tune you out. The more you try, the more excuses they come up with and why it won't work. The more you attempt to persuade - the more they resist. What happened? Or even worse – Have you even met someone that did not seem that smart, but was making 10 times more money than you? Got your promotion? Didn't seem that sharp, but got all the business. Didn't seem that bright, but could persuade anyone to do anything? What do they have that you don't have? They have the power of persuasion.

Have you ever noticed how some people can persuade without effort? Have you seen people always get what they want and everyone around them wants to give it to them? This is the power of persuasion. Understanding the laws of persuasion, motivation, and influence will put you in life's driver's seat. Why? Because everything you want, or will want, in life comes from the power of influence. I am going to reveal the secrets of influence and science of persuasion. You will gain instant influence over others and inspire others to take action, all while getting exactly what you want from life. You will win people to your way of thinking and will empower yourself with an unshakable confidence. The bottom line is when you need to persuade someone it is too late to learn.