



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

Bakersfield Chapter

January 2020

Volume 6, Issue 1

### January 8 Meeting Topic

#### **OSHA Recordkeeping, Workers' Compensation, and OSHA Reporting**

*Gain an understanding of appropriate actions, and the pitfalls of inaction, when an employee experiences an injury incident. Learn the definitions of the categories of OSHA injuries for documentation on the Log 300 and actions to take regarding the appropriate times to notify OSHA directly to inform them of injury to your employee.*



**Joe Bariffi, CSP  
EHS Process Manager  
Aera Energy, LLC**

Joe started his career as an EH&S Technician for Mobil Exploration and Production in Lost Hills, transitioning to Belridge as a Safety Specialist in 1991. In 1996, Joe transferred to Mobil Marketing & Refining in Torrance as a Safety Engineer. In 1998 he was hired as a Safety Advisor for Aera Energy, LLC in Ventura. Joe joined the Bakersfield Community in 2000 as an H&S Team Lead, also for Aera Energy, LLC. Currently Joe stewards Aera's compliance assurance process as well as emergency response and incident investigations as part of the corporate EH&S Management Systems to reduce employee and contractor injuries, illnesses and property losses. Joe also teaches the hazardous material course at CSUB and is on the academic advisory committees for the ERM and Safety Programs at both CSUB and BC.

#### **Bakersfield ASSP Monthly Meetings**

Monthly meetings are held from 7:00-8:45am on the first Wednesday of the month at Hodel's Country Dining (5917 Knudsen Drive, Bakersfield CA 93308).

Cost of meeting attendance is \$15 and includes breakfast buffet or custom-crafted omelet.

Cash/check/credit/debit cards are accepted. The cost is only \$5 for Student and Emeritus Members of ASSP.

Your RSVP is appreciated! RSVP for the upcoming meeting by emailing [Chris Vochoska](mailto:Chris.Vochoska@assp.org).



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# A Little about ASSP

- ⇒ Founded in 1911, ASSP is the longest running safety organizations and the most respected advocate for workplace safety and health professionals.
- ⇒ Our more than 37,000 members are dedicated to making their workplaces safer and healthier, and the Bakersfield Chapter shares in their commitment.
- ⇒ ASSP connects great people to great resources supporting more than 150 chapter communities in the United States and abroad, as well as practice specialties, common interest groups, and student communities that enable occupational safety and health professionals to engage on a global scale.
- ⇒ ASSP members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction, and a better reputation while recording less lost time, and lower workers' compensation and healthcare costs.
- ⇒ ASSP publishes the [Professional Safety Journal](#): a flagship monthly journal and top member benefit covering the latest safety management and injury prevention trends.
- ⇒ ASSP produces a [podcast now](#) - Safety Standards and Tech Pubs Podcast will help you stay up to speed on the latest in industry consensus safety standards and technical publications.

## Become a Member!

**Guests:** Complete application at [www.assp.org](http://www.assp.org).

**Students:** Join for **only \$15/year** and receive a free year membership upon your graduation! What a great deal!

As an ASSP member, you will elevate your career, gain knowledge, tools and resources to prevent worker injuries, illnesses and fatalities, help improve your company's performance, and become part of a vibrant community of over 37,000 safety professionals working together for a safer, stronger future.

For comments or suggestions on ways we can improve this newsletter as a service to you - our members - please contact Dave Lee at [leed@kerncounty.com](mailto:leed@kerncounty.com).



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# Government Affairs Updates

## **Driver Fatigue on the Job – Motor Vehicle Safety at Work**

NIOSH has studied work-related accidents involving motor vehicles where driver fatigue may have been a causative factor and published several studies that resulted in data and Fact Sheets on driver fatigue. NIOSH recommends a fatigue risk management system will help employers and workers work together to reduce the risks of driver fatigue. The link to NIOSH is provided here: <https://www.cdc.gov/niosh/motorvehicle/topics/driverfatigue/default.html>

Findings related to the data”

- ⇒ One in five fatal crashes in the general population involve driver fatigue.
- ⇒ A survey found that 37% of workers got less than the recommended min. of 7-hrs of sleep.
- ⇒ After 17 consecutive hours awake, impairment is equivalent to having a blood alcohol content (BAC) of 0.05. After 24 hours awake, impairment is equivalent to a BAC of 0.10.

## **Electronic Cigarettes**

With more information now available about potential hazards posed by e-cigarettes, the continued growth of the e-cig industry, however, is unprecedented; and young people (middle and high school students) are picking up the habit every day. A report from CDC published in the Morbidity and Mortality Weekly Report noted that, since 2017, the use of e-cigarettes by high school students had jumped 78%; usage by middle school students increased by 48%. So how should we, as safety and health professionals, address the occupational and public health concerns associated with e-cigarettes?

In 2014, AIHA’s Indoor Environmental Quality and Risk Committees prepared a white paper on potential hazards associated with electronic cigarettes. Since the original white paper was published, a significant amount of scientific research has been performed, identifying additional hazards from flavorings and potential health effects not previously described. The updated white paper can be found: <https://synergist.aiha.org/201905-electronic-cigarettes-ih>.

## **NIOSH Contributes Hearing Loss Prevention Research**

NIOSH provided major contributions in a recently-published issue of the Journal of the Acoustical Society of America (JASA) on noise-induced hearing loss. The research explores the use of animal data in studying human hearing loss prevention, and the different populations that are affected by hearing loss issues: <https://www.cdc.gov/niosh/updates/upd-12-09-19.html>. The NIOSH-authored contributions to the JASA provide:

- ⇒ An introduction and summary of noise-induced hearing loss and the application of animal models, and animal data, to human hearing-loss and prevention in various environments.
- ⇒ Noise surveys related to firearm noise exposures in the military, looking at both indoor and outdoor firing ranges.
- ⇒ A study of middle-ear muscle contractions and clinically-measured acoustic reflexes to brief sounds.
- ⇒ A review of occupational noise exposure: its effects, epidemiology, and impact with recommendations for reducing injury.



## Safety News & Notes

### SPAN ASP Exam Prep Workshop

The March 30 – April 1, 2020 SPAN ASP Exam Prep Workshop in Bakersfield is now available for [registration](#) . ASSP members receive a 10% Discount (Regular Price - \$950) by using discount code *BakersfieldASSP*.

For information and qualification requirements for BCSP Certifications, [click here](#). For information about SPAN workshops, [click here](#).

For Prep Class questions contact:  
Kim Jennings, (417) 724-2881  
SPAN International Safety Training  
[kim@spansafety.com](mailto:kim@spansafety.com)  
[www.SpanSafetyWorkshops.com](http://www.SpanSafetyWorkshops.com)

### New CSP & ASP Exams to be Released

The Certified Safety Professional (CSP) examination has been revalidated and the new exam will be released in late February 2020. The Associate Safety Professional (ASP), which recently concluded beta testing, will be released in late March 2020.

Information from each examinations' beta test is currently being assembled, which will be used by a psychometrician to validate the new examinations' items to ensure their continued quality. The new examinations' blueprints and references can currently be found the certifications' webpages below:

[CSP Blueprints & References](#)

[ASP Blueprints & References](#)

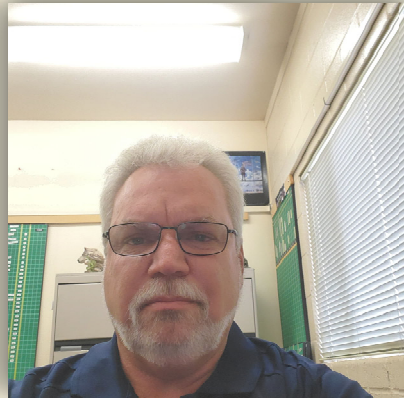




# *Welcome New Members*

ASSP loves it when new members join. If you see them at ASSP, please give them a friendly welcome.

- ♦ McKell Sanderson - WCF Insurance
- ♦ Caleb Haus - KRC Safety Company., Inc.
  - ♦ Danny Holmes - Student Member
  - ♦ Melissa Robertson - Jostens
  - ♦ Randy Kizzar - WESTEC
  - ♦ Eric Fox - CSUB/AT&T
  - ♦ Joel Ramirez - Nestle
- ♦ Majic Safeeh - MTS Solutions
- ♦ Laura Medrano - Continental Labor & Staffing



*Cathi Marx - Thank you for sponsoring Caleb Haus.  
Edwina Stewart - Thank you for sponsoring Joel Ramirez.*

*Folks like you, who get the word out about ASSP, are the ones who really help our Chapter and the profession grow!*



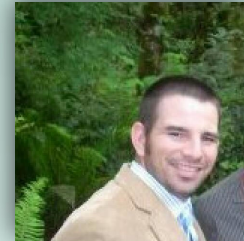
## Additional News & Notes

### Congrats to our Members!



Jared McKnight (ASP, OHST) started a new position at Berry Petroleum, LLC as a Health & Safety Advisor.

Zack Dransoff with California Resources Corporation recently completed the requirements to become a Certified Hazardous Materials Manager® (CHMM®)



Marc Patino with A-C Electric recently completed the requirements to become a Construction Health & Safety Technician® (CHST®)

Isidro Ramirez with Olam Spices recently completed the requirements to become a Certified Environmental and Safety Compliance Officer (CESCO)



### No Cost Classes at Westec

Westec offers no cost safety classes to ASSP members transitioning between jobs who have no financial backing. All Veterans without financial support are also eligible for no cost safety classes. Visit [www.westec.org](http://www.westec.org) for more information.



## **\$10,000 Bakersfield Chapter Scholarships**

The ASSP Bakersfield Chapter scholarship program has been updated since last year! The ASSP Scholarship program and application can be found at the following link to the ASSP Chapter website: <http://bakersfield.assp.org/scholarship-program/>.

**Applications are to be postmarked by January 31, 2020.**

The Bakersfield Chapter is planning to distribute up to three scholarships this year:

- ♦ **\$5000** 4-YR Undergraduate at University
- ♦ **\$2500** Undergraduate at Community College
- ♦ up to **\$2500** Graduate program

To be eligible, you must fulfill the student requirements found at <https://bakersfield.assp.org/scholarship-program/>

In addition, if you are a member of ASSP and have a son/daughter that meets the scholarship requirements, please encourage them to apply!

See last year's recipients at <http://bakersfield.assp.org/scholarship-program/>.

Please feel free to contact David Mersereau, CSP - Bakersfield Chapter – Scholarship Chair, any questions.



# Eastern Kern Meetup!

Thanks to the 24 folks who attended the lunch session titled "Can You Hear Me Now? Noise Hazards In The Workplace" at the Mojave Air & Space Port!

The session was delivered by Ron Nunley CSP, CIH - Process Manager - Industrial Hygiene & Safety at Aera Energy LLC and was session three of the Bakersfield Chapter's planned six month outreach campaign to our East Kern members and guests.



Eastern Kern Chapter Meetings (held at the Mojave Air & Space Port) are moving from first Fridays to first Thursdays beginning February 6.

## **FEBRUARY 6, 2020**

*Topic: How to Train for Cal/OSHA's Top 10 Violations*

Isabel C. Bravo, CSP, PHR - Director of Environmental, Health and Safety - Wonderful Citrus - California Farming Operations

## **MARCH 5, 2020**

*Topic: Hazardous Waste*

Vicky Furnish, REHS - Sr. Environmental Advisor Southern California Edison

## **APRIL 2, 2020**

*Topic: Valley Fever – Coccidiomycosis - Current State of Knowledge for Concerned Employers*

Michael D. Geyer P.E., CSP, CIH – Kerntec Industries



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# UPCOMING CHAPTER MEETING

**February 5, 2020**

**Speaker: Cathi Marx, ALCM, COSS, CHPP**

**Principal & President of Aspen Risk Management Group.**

**Safety Department of One – Developing Risk Management Skills that will  
Impact your Success**

No matter what your title or the size of your safety department, you deserve a “seat at the table” when corporate decisions are made. This session will provide tools for you to use to gain the respect of your corporate peers to improve your professional impact on the overall safety & health of your organization. In this session we will: 1) identify allies in your organization and keeping them on your side when tough decisions must be made; 2) review time management strategies that help focus your time most effectively on the issues that are both strategically important and “human” centric; 3) identify opportunities to drive safety engagement by delegating responsibilities and increasing ownership among supervisors and employees; 4) learn how to communicate the value of safety initiatives to secure needed resources; and 5) discuss utilizing outside resources that can assist you in making the biggest impact on safety.

*Cathi has also served in Risk and Safety Management positions for mid-sized companies. She spent time on both the carrier and insurance agency/broker side of the insurance business. As a Corporate Environmental Health and Safety Manager for a technology company in San Jose she managed the domestic and international EH&S program. There Cathi played an integral role in obtaining ISO 14001 certification for the U.S. based manufacturing facility. She has experience in developing and implementing corporate Business Recovery and Continuation Programs, integrating all levels of the organization into a comprehensive cohesive recovery plan. Cathi has received numerous awards in her career the most recent as Insurance Woman of the Year – San Diego Chapter Independent Insurance Agents & Brokers – 2018, and the International Risk Manager of the Year Region IIV - Association of Insurance Professionals – 2017. Earlier in her career, Cathi served for eight years in the United States Coast Guard Reserves in Port Safety & Security; specializing in the safe handling of explosives and hazardous materials. She received an honorable discharge in 1992.*

# Bakersfield Chapter Study Group

The Professional Development Study Group meets the first and third Tuesday of each month from 6:00 p.m - 7:30 p.m. at the MidCal Labor building located at 5601 California Ave, Bakersfield, CA 93309.

This study group is comprised of safety professionals seeking certifications at all levels from the Board of Certified Safety Professionals (BCSP). You do NOT need to be a member of ASSP to join this group! Anyone can join the group at any time.

This is a “go at your own pace” study group. The only purchases required are study materials and a calculator. Most participants are using TI-30XIIS. We study from materials offered by SPAN International Training. You can purchase the work books from: [www.spansafetyworkshops.com](http://www.spansafetyworkshops.com)

Please direct emails to **Floyd Reading** ([floyd@tempserv.net](mailto:floyd@tempserv.net)) if you have questions on which set of books you need to purchase.



## Bakersfield College Student Section

IT IS OFFICIAL! We want to welcome Bakersfield College as our newest student section. There are now three official student chapter sections within the Bakersfield ASSP (Taft, CSUB, and BC).

Our student sections are member communities specifically for student members aspiring to become safety professionals offering leadership, education and networking opportunities.

Student sections provide additional opportunities for students to learn more about their chosen areas of study and promote interaction between students and safety professionals.

