September 4 Meeting Topic

Let’s get linked up with LinkedIn -
Ways to professionalize your social media profile

LinkedIn was considered a dying social media platform among professionals but with some renovations to the platform, LinkedIn is experiencing a renaissance. Join Aaryck, the Digital Marketing Specialist at Providence Strategic Consulting, as he breaks down how to maximize LinkedIn to benefit your career!

Aaryck Enriquez, Digital Marketing Specialist, Providence Strategic Consulting, Inc.

Aaryck, originally from Bakersfield, joined the U.S. Air Force in 2006. After his 6-year enlistment he earned his bachelor’s degree in Journalism and Advertising and a minor in Management Communications at Colorado State University. Aaryck worked at a Colorado-based digital marketing firm before moving back to Bakersfield to work at Providence Strategic Consulting, where he excels at helping his clients in digital marketing and content creation!

Bakersfield ASSP Monthly Meetings

Monthly meetings are held from 7:00-8:45am on the first Wednesday of the month at Hodel’s Country Dining (5917 Knudsen Drive, Bakersfield CA 93308). Cost of meeting attendance is $15 and includes breakfast buffet or custom-crafted omelet.

Cash/check/credit/debit cards are accepted. The cost is only $5 for Student and Emeritus Members of ASSP. Your RSVP is appreciated! RSVP for the upcoming meeting by emailing Chris Vochoska.
A Little about ASSP

⇒ Founded in 1911, ASSP is the longest running safety organizations and the most respected advocate for workplace safety and health professionals.

⇒ Our more than 37,000 members are dedicated to making their workplaces safer and healthier, and the Bakersfield Chapter shares in their commitment.

⇒ ASSP connects great people to great resources supporting more than 150 chapter communities in the United States and abroad, as well as practice specialties, common interest groups, and student communities that enable occupational safety and health professionals to engage on a global scale.

⇒ ASSP members create safer work environments by preventing workplace fatalities, injuries and illnesses. Safer organizations enjoy increased productivity, higher employee satisfaction, and a better reputation while recording less lost time, and lower workers’ compensation and healthcare costs.

⇒ ASSP publishes the Professional Safety Journal: a flagship monthly journal and top member benefit covering the latest safety management and injury prevention trends.

⇒ ASSP produces a podcast now - Safety Standards and Tech Pubs Podcast will help you stay up to speed on the latest in industry consensus safety standards and technical publications.

Become a Member!

Guests: Complete application at www.assp.org.

Students: Join for only $15/year and receive a free year membership upon your graduation! What a great deal!

As an ASSP member, you will elevate your career, gain knowledge, tools and resources to prevent worker injuries, illnesses and fatalities, help improve your company’s performance, and become part of a vibrant community of over 37,000 safety professionals working together for a safer, stronger future.

For comments or suggestions on ways we can improve this newsletter as a service to you - our members - please contact Dave Lee at leed@kerncounty.com.
WISE Water Station and Heat Illness Awareness Booth
at Valley Fever Awareness Walk
The BCSP pursues cases of individuals claiming to hold our credentials without permission. They pursue those cases in which there is clear evidence of the unauthorized use and the individual has a clear responsibility, control, or knowledge of the use. Evidence may be a business card, resume, letter, website, or other publication. If there is no clear evidence, BCSP cannot act on the case.

BCSP Complaint Form - [Report Unauthorized Use](#)

Credential Database - [Find Unauthorized Use on the Certificant Directory](#)

**Bakersfield College’s OSRM**

Bakersfield College will soon be offering a Certificate of Completion in Occupational Safety and Risk Management (OSRM). The certificate will include the core OSRM courses, which offers an opportunity to gain safety education and transferable college credit. Registration for the fall semester is now open, afternoon and evening classes are available. Contact Catherine Jones for more information - [catherine.jones@bakersfieldcollege.edu](mailto:catherine.jones@bakersfieldcollege.edu)

**No Cost Classes at Westec**

Westec offers no cost safety classes to ASSP members transitioning between jobs who have no financial backing. All Veterans without financial support are also eligible for no cost safety classes. Visit [www.westec.org](http://www.westec.org) for more information.
U.S. Department of Labor Reminds Employers About Submitting Injury and Illness Data to OSHA

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) is reminding employers who have not already done so to submit their 2018 OSHA Form 300A (Summary of Work-Related Injuries and Illnesses).

Who is required to submit Form 300A?
⇒ Establishments with 250 or more employees that are required to keep OSHA injury and illness records, and
⇒ Establishments with 20 to 249 employees in certain industries. For the list of designated industries, visit https://www.osha.gov/laws-regs/regulations/standardnumber/1904/1904.41AppA.

How to submit Form 300A:
Submit injury and illness data electronically at www.osha.gov/300A.

For questions about submission requirements, complete the Help Request Form at www.osha.gov/injuryreporting/ita/help-request-form.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit www.osha.gov.
ASSP Supports Reopening OSHA's Lockout/Tagout Rulemaking
August 15, 2019

ASSP has submitted a technical comment and a letter of support in response to OSHA’s request for information on the control of hazardous energy (lockout/tagout). Drafted by the ANSI/ASSP Z244 Committee, the comment calls on OSHA to reopen the current federal regulation so it can be revised to better reflect the modern technology used in lockout/tagout. The original regulation was written in 1982, and it does not address alternative methods of lockout/tagout that have developed since the regulation’s inception.

ASSP Committee Proposes Heat Stress Management Standard

At its recent meeting in Washington, DC, the ANSI/ASSP A10 Committee took the first step in creating a document that will identify industry best practices for properly managing heat stress for workers involved in construction and demolition. The proposed American National Standard under ANSI, BSR/ASSP A10.50, will establish minimum requirements for the prevention of heat illnesses and management of heat stress hazards and exposures encountered during construction and demolition.

“There are tens of thousands of heat-related illnesses that impact the construction and demolition workforce each year and unfortunately, construction workers are still dying from exposures to excessive heat,” says John Johnson, chair of the ANSI/ASSP A10 Committee. “The proposed A10.50 standard will provide the industry with proven solutions to avoid heat illnesses that impact the construction and demolition workforce.”

Currently, there is no federal OSHA standard or voluntary consensus standard which addresses the issue of heat stress, although many groups have requested guidance on best practices. The A10 committee hopes that the creation of such a document helps employers develop effective heat stress policies and procedures.
Welcome New Members

Although guests are always welcome, ASSP loves it when new members join. Here are a few of the most recent new members. If you see them at an ASSP function, please give them a friendly welcome.

Bob Namdar - TSI Incorporated
Bryan Cott - Berry Petroleum Company
David Suarez - Superior Court of California
Suzzeth Reid - American Red Cross/Student Member
Harrison Records - Alert Disaster Restoration/Student
Joe Forste - John Christner Trucking, LLC/Student

Thank you to Stafford Williams & Tori Furman for sponsoring our new chapter members:
David Suarez & Joe Forste

New Member Promotion -
Join the Bakersfield Chapter & use promo code 198BAKERSFIELD to waive the $25 application fee!
Apply today at https://www.assp.org/membership/apply-to-join.
Congratulations to our members on the following jobs and transitions:
Page Loya - New position as Safety & Health Program Advisor @ Arthur & Hansen, LLC.
Chris Miller - Promotion to Emergency Response Specialist @ Aera Energy
List Rollans - New position as Health & Safety Manager @ Berry Petroleum

**SPAN ASP Exam Prep Workshop**

The March 30-April 1, 2020 SPAN ASP Exam Prep Workshop in Bakersfield is now available for registration. ASSP members receive a 10% Discount (Regular Price - $950) by using discount code BakersfieldASSP.

For information and qualification requirements for BCSP Certifications, click here. For information about SPAN workshops, click here.

For Prep Class questions contact:
Kim Jennings, (417) 724-2881
SPAN International Safety Training
kim@spansafety.com
www.SpanSafetyWorkshops.com

**Get involved with ASSP!**

The Bakersfield Chapter’s Government Affairs Committee is currently in need of individuals interested in joining the Committee. If you are willing to assist with capturing news and information about upcoming regulatory and legislative changes or interested in legislative changes that affect your industry and would like to participate in the legislative process at the ground level, please consider joining the Bakersfield Chapter’s Government Affairs Committee. For more info on how to get involved please email Cameron Parsons at csparsons@pcl.com.
After months of the occupational safety and health community waiting, Governor Gavin Newsom has finally named a new Cal/OSHA Chief. Douglas Parker is his name. Parker, 50, has been the executive director of the Oakland worker advocacy group Worksafe since 2016.

Parker is an attorney and has a long resume in democrat politics, and more recently, occupational safety and health. He is a former assistant to the late Minnesota senator Paul Wellstone, then worked in press operations for the Democratic National Committee before and during the Clinton administration. He was a staff attorney for the United Mine Workers of America in the late 1990s, and during most of the 2000s was a partner at the Mooney, Green, Baker & Saindon law firm.

Starting in 2009, he was named a senior policy advisor and special assistant at the Mine Safety and Health Administration and served as assistant secretary of labor for MSHA from 2014 to 2015. Parker attended the University of Virginia School of Law. He was admitted to the California bar in 2016.

He replaces Juliann Sum, who retired earlier this year. He beat out two strong internal candidates, including Process Safety Management Unit manager Clyde Trombettas, and Deputy Chief for Enforcement Debra Lee. The appointment requires Senate confirmation.
Have you ever considered mentoring a student? The Bakersfield chapter is teaming up with the CSUB Alumni Association’s ‘Runner Alumni Mentor Program to find professionals who are willing to do just that!

**Application:** [https://www.csub.edu/alumni/Mentoring/mentor.html](https://www.csub.edu/alumni/Mentoring/mentor.html)

**What is the time commitment?**

This year RAMP will be an academic-year-long program, running from September 2019 to May 2020. We ask mentors and mentees to meet at least once a month and attend at least two of our events. But mentors and mentees can meet up as often as they’d like and any way they’d like, whether in person or by phone, text or email.

**What happens after a mentor or mentee applies?**

For 2019-2020, mentor committee members will conduct a short phone interview of applicants through early September. By mid-September we will notify all applicants (by email) whether they’ve been accepted and invite them to a kickoff event in late September where mentors and mentees can meet. Any mentors or mentees who cannot attend will receive an email with the name of and contact information for their counterpart. We prefer that mentees make first contact with mentors, just as job applicants must take initiative when competing in the job market. For more information about the program: [https://www.csub.edu/alumni/Mentoring/index.html](https://www.csub.edu/alumni/Mentoring/index.html)

Check out the FAQ’s at [https://www.csub.edu/alumni/AlumniNews/AlumniArchivedNews/2019/20190806-RAMPFAQ.html](https://www.csub.edu/alumni/AlumniNews/AlumniArchivedNews/2019/20190806-RAMPFAQ.html).

Please consider donating just a couple hours a month during the school year to help a student start his/her EHS career. Your time can really have a positive impact on one student’s life.
First Fridays for $5 (w/RSVP) - ASSP East Kern Meeting Topic & Speaker Schedule

Guests are Always Welcome!

$5 per person with RSVP/$10 Walk In (No RSVP)
ONLY $15 if Pre Pay for All 3 (Oct. + Nov. + Dec.)

.3 CEU’s Will be provided through ASSP for attending the Oct. + Nov. + Dec. Sessions (Must attend all 3 for CEUs)!!

Cash/Check/Credit/debit cards accepted

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Oct 4, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

**Topic: Leading Safety with Influence**

The session focuses on ways to effectively lead safety particularly geared toward those who are leading safety within an organization (large or small)

**Session Description:**

This session will focus on key areas that can allow us to be more effective when leading EHS within groups, teams and organizations. The goal is to facilitate a dialogue that would help the group identify areas where they could improve both as individuals and as EHS leaders. Learning Objectives: The session will focus on the following (3) key points: Why People Choose to Follow a Safety Leader; Developing Relationship Capital within EHS and Becoming a Safety Professional of Influence

**Speaker:** Jose A. Perez CSHM, SMS, CET, OHST, CHST, STS

Senior Manager – EH&S - Learning & Development/Safety Culture - The Wonderful Company

Currently serves The Wonderful Company as a member of the Corporate Environmental Health and Safety department, a group that is tasked to protect the organizations most valuable assets: their people and the environment in which they operate.

Mr. Perez is a former farmworker of the Central Valley and a Safety Professional with over 17 years of experience. Jose has a professional background that includes Heavy Equipment Mechanic, Emergency Medical Technician, Director of EHS for an Industrial employment organization, and CEO of a successful EHS Consulting Business. His experience includes work in: Agriculture, Construction, Manufacturing, Mining, as well as Oil & Gas.

Jose is a proud father to three wonderful daughters, it is them who fuel his drive and passion.

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Nov 1, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

**Topic: Does Safety Really Matter?**

Does Safety Really Matter? The question is meant to provoke the thought that perhaps safety represents different things to different people and that the value of safety changes depending upon context and perspective. This session is meant to present safety as a value, instead of a compliance option. Learning Objectives:

1. Identify the primary reasons accidents happen in a simplified framework.
2. Discuss the value of safety through a focused lens where differing values can foster individual buy-in.

3. Identify how creating employee buy-in also helps create a culture of accountability across the organization

**Speaker:** Catherine Jones, CSP, ARM - Associate Professor, Bakersfield College

Catherine has a Bachelor of Science degree in Health Science: Occupational Safety and Health from Fresno State, is a Certified Safety Professional and has earned the designations of Associate in Risk Management and Associate in Claims. Her Master’s degree is in Homeland Security Studies from the Naval Postgraduate School.

During her career, Catherine has been involved with a wide range of issues including student safety, liability mitigation, risk assessments, worker safety, property and environmental issues, employment liability, emergency management, and claim/litigation management. She has developed model programs, provided administrative guidance, participated in case management, and conducted training sessions to assist clients in making informed safety and risk management decisions. She was an administrator for Self-Insured Schools of California for many years, and is now teaching full-time at Bakersfield College in the newly developed associate degree program in occupational safety and risk management.

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Dec 6, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

Topic: Can You Hear Me Now? Noise Hazards In The Workplace

Occupational noise induced hearing loss is preventable, but is unfortunately among the most common work related illnesses throughout all industries. According to the National Institute of Occupational Safety and Health (NIOSH), approximately 17% of the US work force (22 million) are exposed to hazardous noise and 19% (4.2 million) of these noise exposed workers have hearing loss. By knowing how to properly recognize, evaluate and control occupational noise, we can prevent occupational noise induced hearing loss for our workers. Learning Objectives:

1. Examine the anatomy and physiology of hearing and the physics of sound
2. Identify various types of hearing loss
3. Review methods to recognize and evaluate noise hazards
4. Examine practical noise control solutions

Speaker: Ron Nunley CSP, CIH – Process Manager – Industrial Hygiene & Safety
Aera Energy LLC

Ron has a BS in Occupational Safety and Health from Montana Tech and has 25 years of experience working as a health and safety professional. Ron is a member of the American Society of Safety Professionals (ASSP) and is recognized by the Board of Certified Safety Professionals and the American Board of Industrial Hygiene.

Currently, he serves as the Manager of IH&S at Aera Energy LLC. Previously, Ron has worked in the nuclear, construction, food/beverage, and aluminum industries.

Jan 3, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

Topic: Hazardous Waste

Hazardous Waste - The purpose of this presentation is to provide the basic knowledge and overview of the laws and regulations applicable to California Hazardous Waste Generators. The Learning Objectives of this presentation are to familiarize a business with 1) hazardous waste characterization, 2) container and tank management, 3) accumulation time frames, 4) satellite generation, 5) transportation and disposal, 6) inspection requirements, 7) training, and other key concepts related to the management of hazardous waste.

Speaker: Vicky Furnish, REHS - Sr. Environmental Advisor Southern California Edison

Vicky Furnish is a Sr. Environmental Advisor with Southern California Edison where she manages the CalARP, Marine/Inland Oil Spill Response, Prop 65, and PCB Programs. Prior to Edison, she spent 13 years as a CUPA Program regulator: 10 of which were with Kern County Environmental Health as the CUPA Program Manager, and 3 at her humble beginnings at Tulare County Environmental Health. Ms. Furnish obtained her BS degree in Biology at St. Mary's College of California and her Masters in Arts in Security Studies, Homeland Defense and Security at the Naval Postgraduate School.

Feb 7, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

Topic: How to Train for Cal/OSHAs top 10 Violations

Learning Objectives: 1) Review why getting the safety message across is important. 2) Learn were the top 10 most cited violations at the Federal level last year. 3) Learn to leverage the knowledge of your employees to actively participate in the training sessions. 4) Learn to have fun while learning.

Speaker: Isabel C. Bravo, CPS, PHR - Director of Environmental, Health and Safety
Wonderful Citrus - California Farming Operations

Isabel C. Bravo is the Director of Environmental, Health and Safety at Wonderful Citrus California Farming Operation. An Environmental, Health and Safety professional with a proven track record for over twenty-one years. She holds professional designations from the Human Resources Certification Institute, the Board of Certified Safety Professionals, and the State of California.

During her career, Isabel has served as the first Director of Education for AgSafe, Safety Manager for Sunview Vineyards, and Safety Coordinator & Trainer for Grimmway Farms. In her roles, Isabel has developed and
created several safety programs. She has a passion for working with employees and management in improving safety in their workplace.

A member of the Bakersfield ASSE chapter for over fourteen years, Isabel is the current President and has served in the capacity of Programs Chair, and as House Delegate chair for several years, as well as volunteer on the planning committee for the Bakersfield Symposium for multiple years. She was also instrumental with the creation of the Bakersfield WISE group, and the Women in Agriculture professional group. Isabel is an active supporter of the CSUB Bakersfield Student Chapter, and enjoys giving back to her community by preparing the next generation of safety professionals and the inclusion of women and minorities to our industry.

Mar 6, 11:30 - 1:00 PM at Mojave Air & Space Port at 1434 Flight Line (in Mojave)

**Topic:** Valley Fever – Coccidiomycosis

*Current State of Knowledge for Concerned Employers*

Valley Fever – Learning Objectives:
- Valley Fever - The Disease
- The causative agent – Coccidiodes spp.
- Environments favorable/unfavorable to Cocci
- Persons at risk, and those most at risk
- Current institutional warnings … Cal-OSHA & CDPH
- Difficult exposure assessments – soil and air sampling
- Mitigating exposure
- What to do if exposure is suspected, burden of proof
- Vaccine Status and Legislative Status
- Gaps in Institutional recommendations

**Speaker:** Michael D. Geyer P.E., CSP, CIH – Kerntec Industries

Michael Geyer has worked for over 25-yrs in the field of environmental assessment, hazard mitigation/remediation, and safe work-practices. Previous to that, Mr. Geyer worked for 15-yrs in the building industry...constructing commercial, retail, and residential structures. Mr. Geyer is an expert in assessing structures for chemical and biological contaminants, and structure rehabilitation to improve building health, occupant safety, and enhance indoor air quality. He is a California-licensed general engineering contractor and a licensed Professional Engineer. He is board-certified in Industrial Hygiene and is a Certified Safety Professional. Mr. Geyer has two undergraduate degrees, one in Engineering and the other in Geology, and is near completion of a master program in Public Health.

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The Professional Development Study Group meets the first and third Tuesday of each month from 6:00 p.m - 7:30 p.m. at the MidCal Labor building located at 5601 California Ave, Bakersfield, CA 93309.

This study group is comprised of safety professionals seeking certifications at all levels from the Board of Certified Safety Professionals (BCSP). You do NOT need to be a member of ASSP to join this group! Anyone can join the group at any time.

This is a “go at your own pace” study group. The only purchases required are study materials and a calculator. Most participants are using TI-30XIIS. We study from materials offered by SPAN International Training. You can purchase the work books from: [www.spansafetyworkshops.com](http://www.spansafetyworkshops.com)

Please direct emails to Floyd Reading ([floyd@tempserv.net](mailto:floyd@tempserv.net)) if you have questions on which set of books you need to purchase.